



Monday's Promise: Responsibility

Bởi:

Joe Tye

“Remember, if you have a problem, it’s your problem. Solve it. Don’t blame other people. Don’t burden people with your complaints. Ninety percent of the people you meet don’t care about your troubles. The other 10 percent are glad you have them.”

Lou Holtz: *Winning Every Day*

Monday’s promise says you will take complete responsibility for your life and refrain from blaming other people for your circumstances. Legendary basketball coach John Wooden told his players that no one is a loser until he blames someone else for the loss. Life-altering success only begins when you take complete and absolute responsibility for your circumstances and your outcomes. When you stop playing the “blame-and-complain game” and take responsibility for your life, you’re on the road to achieving your goals.

I previously described the distinction between a problem and a predicament: a problem has a solution while a predicament does not. Monday’s Promise says that you will deal with problems and live with predicaments, but not complain about either.